

Political, Nutrition and Health Issue Tracker



Changes since last issue circulated (30 March 2026) are highlighted in **RED**

Key meeting dates		
Business Expert Group (BExG)	• Food Standards and Labelling	14/07/2026, 20/10/2026
Codex	• Executive Committee	29/06-03/07/2026
	• FAO/WHO Coordinating Committee for Europe	21-25/09/2026
	• Codex Alimentarius Commission (CAC)	06-10/07/2026
	• Codex Committee on Food Labelling	11-15/05/2026
	• Codex Committee on Nutrition and Foods for Special Dietary Uses	02-06/11/2026
EFSA	• NDA	27-28/05/2026, 01-02/07/2026, 29-30/09/2026, 22/10/2026, 25-26/11/2026, 16/12/2026
European Commission	• SCoPAFF - General food law	13/05/2026, 01/07/2026, 16/10/2026
ESA	• EC Regulatory Group (ECR)	16/06/2026, 01/10/2026, 13/11/2026
	• Public Affairs Committee (PAC)	16/06/2026, 30/09/2026, 12/11/2026
	• Nut Processors Working Group (NPWG)	16/06/2026, 17/09/2026, 05/11/2026
FoodDrinkEurope	• Health Committees	13/05/2026 (SG), 19/05/2026, 07/10/2026 (SG), 08/10/2026
	• INCO	24/09/2026
	• NUTRITION Working Group	24/09/2026
FDF	• Nutrition Committee (NWG)	13/05/2026, 15/09/2026, 19/11/2026
	• Food Law and Labelling Committee (FLL)	18/06/2026, 16/09/2026, 19/11/2026
	• Diet and Health Committee	23/06/2026, 08/10/2026
	• Corporate Affairs Group	27/05/2026, 25/06/2026, 23/07/2026
IGD	• IGD's Industry Nutrition Network (INN)	20/05/2026
PPA	• Board	Further 2026 TBC
	• Food Law and Consumer committee (FLC)	30/06/2026, 11/11/2026
SACN	• SACN	17-18/06/2026 (meeting and horizon scan), 19/11/2026
UKNHCC	• UKNHCC	14/05/2026, 22/09/2026, 24/11/2026

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November 2025 <ul style="list-style-type: none">• Lancet Series on UPF and Human Health event and paper (18-19 November)• UNICEF report on 'Ultra-processed Foods and Children: State-of-the-art review' (19 November)• NI 'Healthy Futures' Obesity Futures published (26 November)
December 2025 <ul style="list-style-type: none">• CAP implementation guidance on LHF advertising restrictions (4 December)• EU Cardiovascular Health Plan ('Safe Hearts Plan) published (16 December)• WG Regulation on Healthy Eating Schools (The Healthy Eating in Schools (Nutritional Standards and Requirements) (Maintained Primary Schools) (Wales) Regulations 2025) published (17 December)• SG Good Food Nation Plan (17 December)• UK Parliament in recess (18 December 2025 – 5 January 2026)• Scottish Parliament in recess (20 December 2025 – 4 January 2026)• Welsh Parliament in recess (22 December 2025 – 11 January 2026)
January 2026 <ul style="list-style-type: none">• UK-wide LHF advertising restrictions 9pm TV watershed and paid-for online content comes into force (5 January)• NI research 'Mapping the food retail and out of home sector in Northern Ireland' (9 January)• DHSC response to consultation on 2018 NPM and 2018 NPM technical guidance (27 January)
February 2026 <ul style="list-style-type: none">• SG industry engagement on Diet and Healthy Weight Plan• UK Parliament in recess (12-23 February)• Welsh Parliament in recess (16-22 February)• IGD roundtable on free sugars (25 February)
March 2026 <ul style="list-style-type: none">• SG implementation guidance on HFSS promotion restriction published (17 March)• Ultra-processed foods Policy Forum, Imperial College London (24 March)• England consultation on implementation of 2018 NPM to promotions and UK-wide advertising restrictions of HFSS foods launched (25 March)• The Food (Promotion and Presentation) (Wales) Regulations 2025 comes into force (26 March)• UK Parliament in recess (26 March – 13 April)• Scottish Parliament in recess (26 March – 8 April)• Welsh Parliament in recess (30 March – 7 April)• WG The Healthy Eating in Schools regulations 2025: statutory guidance for local authorities and governing bodies published (31 March)• WG guidance on Promotion of healthy eating and drinking in maintained schools published (31 March)
April 2026 <ul style="list-style-type: none">• Welsh Parliament dissolution (8 April)• Scottish Parliament dissolution (9 April)• WHO Webinar: Ultra-processed foods - A One health agenda for action and accountability (10 April)

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<ul style="list-style-type: none"> • Consultation on proposals to update the legal framework on the England School Food Standards published (13 April) • UKRI report on public perceptions on UPF (16 April)
May 2026
<ul style="list-style-type: none"> • Scottish Parliament elections (7 May) • Welsh Parliament elections (7 May) • Salt Awareness Week 2026 (20 years anniversary salt targets) (11-17 May) • UK Parliament in recess (21 May – 1 June) • Consultation on mandatory reporting of healthy food sales and healthy targets by large businesses in England (Late Spring 2026) • EC call for evidence on vitamin/minerals MLs (fortification) (May/June.26) • Defra Food Strategy Action Plan (Spring 2026)
June 2026
<ul style="list-style-type: none"> • SNACKEX 2026, Lisbon, Portugal (17-18 June 2026) • SACN horizon scan meeting - review of evidence on UPF (17-18 June 2026) • WHO Policy Brief on UPF (From Knowledge to Action: Tackling the Challenge of Ultra-Processed Foods)
July 2026
<ul style="list-style-type: none"> • UK Parliament in recess (16 July – 1 September) • SG Diet and Healthy Weight Plan to be published (H2 2026)
August 2026
<ul style="list-style-type: none"> • TBC
September 2026
<ul style="list-style-type: none"> • SG Scottish Dietary Goals review (Autumn 2026) • UK Parliament in recess (15 September – 12 October)
October 2026
<ul style="list-style-type: none"> • England ban on on-pack volume price promotions come into force (The Food (Promotion and Placement) (England) (Amendment) Regulations 2022) (1 October). • SG HFSS promotion restrictions come into force (1 October) • Healthy Eating in Schools (Nutritional Standards and Requirements) (Maintained Primary Schools) (Wales) Regulations 2025 to enter into force (31 October) • IARC report on UPF (October 2026 the earliest) • NDNS Urinary Sodium Analysis (2026)
November 2026
<ul style="list-style-type: none"> • EU review of Audiovisual Media Services Directive (AMSD) (to consider stronger regulation on advertising to children) (by end of 2026) • EU study on UPF impact on health (Late 2026/Early 2027)
December 2026
<ul style="list-style-type: none"> • UK end of transition period for The Bread and Flour (Amendment) (England) Regulations 2024 - Fortification of flour with folic acid (13 December 2026) • UK Parliament in recess (17 December 2026 – 4 January 2027)

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2027

- England post-implementation review HFSS promotion regulations (2027)
- WHO Guidelines on UPF (2027 TBC)

2028+

- Updating NPM for HFSS promotion restrictions in England (2029 TBC)
- Updating NPM for LHF advertising restrictions in the UK (2029 TBC)
- England mandatory health food sales reporting for all large companies in the food sector (by 2029 - end of current Parliament)
- UK post-implementation review of LHF advertising restrictions LHF (2030)
- England mandatory targets on the average healthiness of sales – retailers and OOH (next Parliament)

Other TBC

- OHID first report on 2024 salt reduction targets
- OHID 2nd progress report on 2024 calorie reduction targets
- UK Government response to consultation on FOPNL
- UK Government response to call for evidence on Vitamin D
- OHID research on children's exposure to high fat, sugar and salt food and drink advertising
- OHID report on association between excess weight and COVID19
- OHID report on the cost of achieving a healthy balanced diet
- DHSC Recommendations on UPF
- PHW Position Statement on Processed Foods
- FSS research on price of a healthy diet
- EU Harmonised FOPNL proposals
- EU Nutrient Profiles (for nutrition and health claims) proposals
- WHO Food Systems-Based Dietary Guidelines
- WHO NPM for nutrients of concern (total fats, sat fat, trans fats free sugars and sodium)
- WHO guidelines on nutrition labelling policies
- WHO guidelines on polyunsaturated fatty acids
- WHO 'SHAKE' Technical package for salt reduction update

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Glossary

AHDB	—	Agriculture and Horticulture Development Board
BCAP	—	The UK Code of Broadcast Advertising
BExG	—	Business Expert Group
BNF	—	British Nutrition Foundation
BRC	—	British Retail Consortium
BSI	—	British Standards Institution
CAP	—	Committee of Advertising Practice
CASH	—	Action on Salt and Health/Action on Sugar
CMO	—	Chief Medical Officer
CUPGRA	—	Cambridge University Potato Growers Research Association
DA	—	Devolved Administrations (UK)
DCMS	—	Department for Digital, Culture, Media & Sport
DEFRA	—	Department for Environment, Food and Rural Affairs
DfE	—	Department for Education
DHSC	—	Department of Health and Social Care
DoH	—	Department of Health (Northern Ireland)
EC	—	European Commission
EFRA	—	Environment, Food and Rural Affairs Committee
EFSA	—	European Food Safety Authority
EP	—	European Parliament
FCPC	—	FoodDrinkEurope Food and Consumer Policy Committee
FDSC	—	Food and Drink Sector Council
FDTP	—	Food Data Transparency Partnership
FOPNL	—	Front of Pack nutritional labelling
FDF	—	Food and Drink Federation
FS3G	—	Food Safety and Science Steering Group
FSA	—	Food Standards Agency
FSS	—	Food Standards Scotland
GCA	—	Groceries Code Adjudicator
HFSS	—	High in Fat, Sugar and Salt (food)
HoC	—	House of Commons
HoL	—	House of Lords
HWHW	—	Healthy Weight Healthy Wales
IA	—	Impact Assessment
IARC	—	International Agency for Research on Cancer
INCO	—	FoodDrinkEurope Information to Consumers Committee
INGR	—	FoodDrinkEurope Ingredients Committee
JECFA	—	Joint Expert Committee on Food Additives
MEP	—	Member of European Parliament
NDA	—	EFSA Panel on Dietetic Products, Nutrition and Allergies

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NCMP		National Child Measurement Programme
NDNS	—	National Diet and Nutrition Survey
NPM	—	Nutrient Profiling Model
NOF	—	National Obesity Forum
Ofcom	—	UK's communications regulator
OHID	—	Office for Health Improvement and Disparities
OOH	—	Out-of-Home
POST	—	The Parliamentary Office of Science and Technology
PHS	—	Public Health Scotland
PHW	—	Public Health Wales
SACN	—	Scientific Advisory Committee on Nutrition
SCoPAFF	—	Standing Committee on Plants, Animals, Food and Feed (PAFF Committee) - Successor to the SCoFCAH as of Oct 2014.
SDIL	—	Soft Drinks Industry Levy
SG	—	Scottish Government
SI	—	Statutory Instrument
UKNHCC	—	UK Nutrition and Health Committee
UPF		Ultra-Processed Foods
UN	—	United Nations
WG	—	Welsh Government
WHO	—	World Health Organization